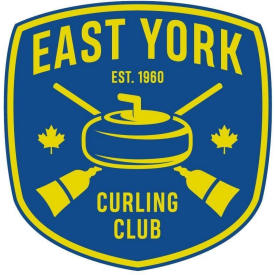


2021-2022 Season
As of September 24th, 2021



Return to Play Plan

- This documents outlines the rules of play during the season **as it currently stands**. Gameplay modifications are primarily dictated by Curling Canada guidelines.
- **These rules are subject to change and may be different by the time the season starts.**
- The first day of league play is set for October 12th, 2021. With the club being open the week of October 4th for members to show proof of vaccination, obtain their locker combination, purchase curling equipment, and see the flow of the club.
- If you have questions about the rules of play, please email manager@eastyorkcurling.ca
- The health and safety of our members is our primary concern
- Any members who register for Communications & Newsletter in 2021-2022 will have priority registration over new members in the 2022-2023 curling season. There is no fee to register.



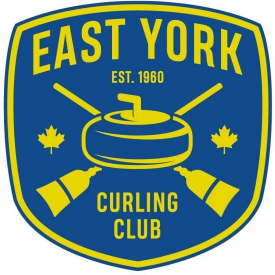
Return to Play Plan

- The Government of Ontario has mandated full vaccination (two doses plus 14 days) with an approved Health Canada vaccine for all members and guests 12 years of age and older, or be eligible for a medical exemption, to access the club. In addition, the Board has mandated full vaccination (two doses plus 14 days) with an approved Health Canada vaccine for all employees and volunteers of the East York Curling Club.
- All Members will be required to show proof of full vaccination and photo ID upon entering the club the first time. Members will then have the option to consent to the storage of their vaccination status. If Members opt out, proof of vaccination will be required each time upon entry. **Photo ID must be shown every time upon entry to the club when completing contact tracing.**



Entering the Club

- **All members should self-assess prior to arriving at the club using the [Ministry of Health Online Self Assessment Tool](#).** Any member exhibiting symptoms or who has had contact with an individual who has been diagnosed with Covid-19 will not be allowed to participate and should remain at home.
- Masks will be required while inside the club unless actively participating in curling in the ice shed or while seated at a table having food or beverages in the lounge. It is strongly recommended that those who are not sweeping wear a mask. Additional masks will be available at the club.



Entering the Club

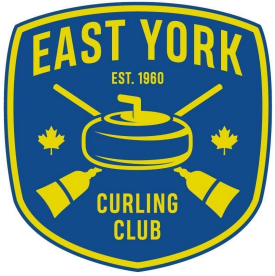
- Members will enter using the double doors on the north side of the building across from Stan Wadlow Park and sanitize their hands on entry. All members entering the club must wear a mask, accept the required declaration, and must maintain 6 feet distance. **This is an assumed declaration.**
- Members will be required to complete contact tracing upon entrance. Each Member will be assigned a QR code at the beginning of the season that they must scan upon entry. This can be kept on a smart phone or printed. The office will be able to assist in printing the QR code if needed.
- With the implementation of vaccine passports in Ontario, Members will be required to show proof of full vaccination and photo ID to be permitted entrance to the club.





Entering the Club

- Some game times will be adjusted by 10-15 minutes to allow us to maintain the capacity of the downstairs area of the club. The adjusted schedule will remain in place until capacity restrictions are eased.
- Curlers can arrive no earlier than 15 minutes prior to game time. The door will be locked until this time and will be locked again 15 minutes after the start time. Groups of 16 will be allowed downstairs at a time with members given a 5 minute window to prepare to enter the ice shed before the next group is given access. Those arriving outside of this window should phone the club, confirm with staff of arrival, and ring the doorbell to gain access.
- Downstairs washrooms will be available but will be restricted to the number of members who can maintain 6 feet distance – two for the Men's, two for the Women's. Single gender leagues will have use of both washrooms during play, with the exception of the Thursday Men. There will be no access to the washrooms from the locker rooms. Members must exit and enter through the outside hallway.



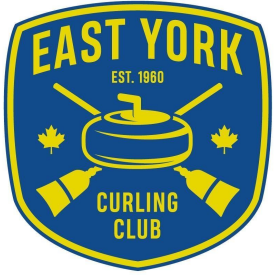
Lockers

- Members are encouraged to come dressed to curl to lessen the time spent in the locker room. Locker room capacity must be adhered to at all times and will be monitored by either staff or volunteers.
- The capacity for the Women's locker room is 9, the Women's lounge is 9, and the Men's locker room is 10. During the Day Women, Monday Men, Day Men, and Wednesday Women leagues, both locker rooms will be available for use by participants.
- Lockers will be assigned to ensure proper spacing of members in the same league. The only available preference will be Upper or Lower. Men will only be assigned lockers in Men's locker room and Women will only be assigned lockers in the Women's locker room.



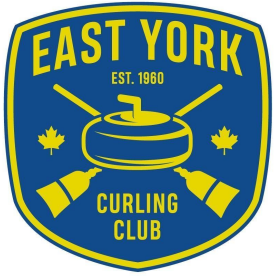
Adjusted League Play Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Day Women 12:30 pm to 2:30 pm	Day Men 10 am to 12 pm	Balmy Beach 10 am to 12 pm	Day Men 10 am to 12 pm	Toronto Teachers 4:30m pm to 6:30 pm	Sunday Sinners 9 am to 11 am
Monday Teachers 3:45 pm to 5:45 pm		Day Mixed 12:30 pm to 2:30 pm			Sunday Brooms 11:30 am to 1:30 pm
Monday Men 8:30 pm to 10:30 pm	Tuesday Mixed 6:45 pm to 8:45 pm 9:10 pm to 11:10 pm	Suburban Masters 4:30 pm to 6:30 pm	Thursday Men 6:45 pm to 8:45 pm 9:10 pm to 11:10 pm	Friday Mixed 7 pm to 9 pm 9:30 pm to 11:30 pm	Juniors 2:30 pm to 4:30 pm
		Women 6:55 pm to 8:55 pm 9:20 pm to 11:20 pm			Sunday Open 5 pm to 7 pm



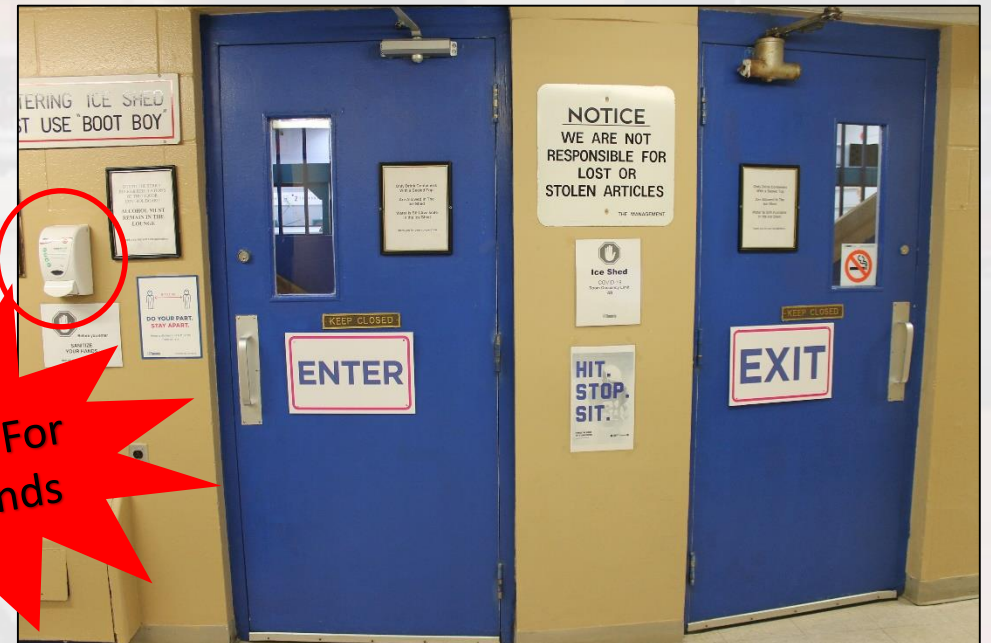
League Play

- Announcements by the club and league must not be made by shouting or talking loudly. League reps can request the microphone from the bar to make announcements if necessary. This will be sanitized between users. Communications are strongly encouraged through email or can be posted on the bulletin boards or bar screens.
- Sparring will be available this season and can be found on the club website. Guest Spares will be permitted but must fill out the online form in advance of arrival at the club. They will be required to fill out the contacting tracing upon arrival and follow all other provincial requirements for entry.
- Members can participate in multiple leagues if they feel comfortable doing so.
- Public Health Restrictions do not limit the number of sports or clubs that members can play in.
- Practice ice will be permitted, depending on ice availability, during scheduled league play times and during certain special events hosted by the club.

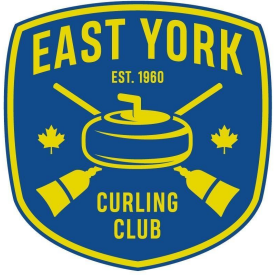


Entering the Ice Shed

- The Boot Boy is not available to reduce touch points; please do the carpet shuffle and step on the sticky mats.
- Members should maintain 6 feet of distance from those not in their household while waiting for the numbers to be down on their assigned sheet.
- Members must wait until their sheet is ready, sanitize their hands, enter the ice shed using the ENTER door, and go to their designated sheet, not the back boards, until their game starts. Members should avoid high touch surfaces whenever possible.



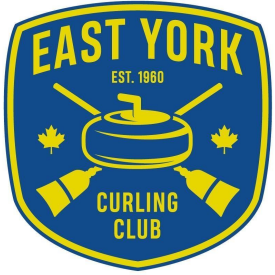
As of September 24th, 2021



In the Ice Shed

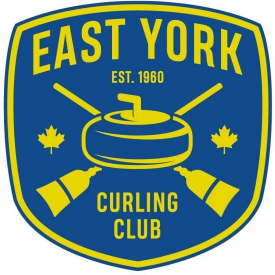
- All curlers must attempt to maintain 6-ft distance from those not in their household while in the ice shed. **Maintaining 6 feet distance is crucial in keeping our members safe.**
- Curlers are not required to wear masks while in the ice shed but are strongly encouraged to wear a mask when not sweeping.
- All curlers must be out of the ice shed at the end of the two-hour period. If a game starts later than the set start time, the players still must leave the ice shed at the set end time.
- Members may not start a new end if there is less than 20 minutes remaining in their two-hour time slot to ensure that all members are promptly out of the ice shed, that capacity limits are able to be maintained, and that the following games are not delayed.





In the Ice Shed

- Those players who are not on the delivering team must stand to the east side of their sheet (Sheet 1 will be closest to the wall, Sheet 2 will be between Sheet 1 & 2, etc)
- Two sweepers will be allowed but must start 6 feet apart and maintain that distance while sweeping, with the exception of those from the same household.
- Skips will be allowed to sweep in the house as long as 6 feet of distance is maintained from the other players.
- Brooms and stabilizers are not available for use during the season. Members who normally share should look at buying their own equipment.
- No handshakes. The spinners will not be available; try using a coin flip or rock, paper, scissors, etc.
- The measure will be available; Members are asked to sanitize their hands before using the measure.
- The scoreboards will be available; Each sheet must designate only one member per sheet to hang the numbers.



In the Ice Shed

- Rock handles will be sanitized at a minimum of twice per day, more if time allows. **Members are asked not to sanitize the rocks themselves as chemicals could damage the actual rocks themselves.** It is recommend that players sanitize their hands and/or wear gloves when delivering rocks to reduce the handles as a touch point.
- Players are only allowed to touch their own rocks; brooms can be used to move other rocks. Curlers are not permitted to clean the bottom of theirs rocks with their hands but may use their broom. **The striking band and running surfaces will not be sanitized. Players using their hands to lift rocks are recommended to sanitize after doing so.**
- Tissues will not be available in the ice shed; members are asked to bring their own. Additional tissue may be available at the front entrance if a member is unable to bring their own. **For the health and safety of staff, please do not throw used tissues into the garbage bins in the ice shed; instead, place them in the garbage bins in the locker room.**



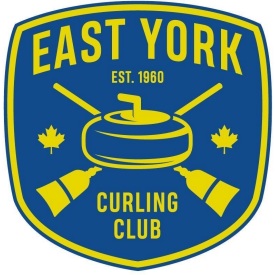
In the Ice Shed

- Garbage Cans will be available for broom cleaning; members are asked to dispose of any other garbage in the garbage bin located in the locker rooms after their game.
- Benches will be limited to one person at a time.
- Curlers will be required to bring their own water bottles; water coolers will not be available. The water fountain has been replaced with a contactless bottle filling station.



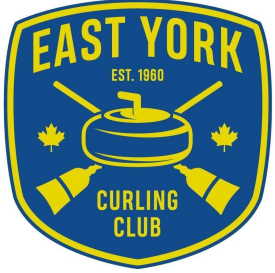
After the game

- Upon exiting the ice shed curlers will change their shoes, take their belongings, proceed upstairs through the door near the entrance to the women's washroom in the lower hallway, and exit the club through the doors facing Gledhill Avenue towards the parking lot. **Members are asked not to stand around and talk in the locker rooms to help maintain capacity limits and not delay the start for the next group.**
- No items should be left at the club except by members who have assigned lockers.
- **If anyone wishes to give something to another member arrangements must be made to do so outside of the club.**
- Curlers wishing to stay for food, or a beverage will be subject to the restrictions and plan put in place for the lounge.



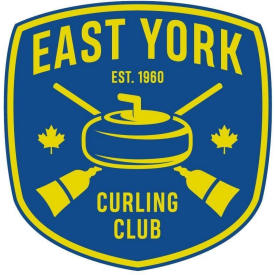
Bar and Kitchen Service

- Only staff and curlers will be allowed on site during league play. No spectators will be allowed to help with distance and capacity requirements in the lounge.
- Specific details for the kitchen operation are being finalized
- Members will not be able to have service before their games until capacity restrictions have been lifted.
- Members can enter the lounge for service after their game through the stairwell closest to the door facing Gledhill Avenue across from the parking lot.
- Members leaving outside of the 30-minute window (15 minutes before to 15 minutes after game starts) will need to walk around the building and call the club/ring the doorbell to gain access to the club again, this includes anyone leaving to smoke. Any member who leaves and re-enters must complete contact tracing each time.
- Masks are required within the lounge unless members are seated at their table.



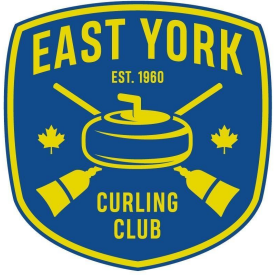
Bar Service

- Members are only allowed to leave their tables for the following reasons: Entering and exiting the lounge, picking up and paying for food, ordering and paying for a beverage at the bar, and going to and from the upstairs washroom.
- The lounge capacity is currently set at 48. Priority will be given to those finishing their games; Members may be asked to accommodate.
- Tables of eight will be available, set at least 6 feet apart, with members only allowed to sit with their team and opponents.
- Members should sanitize upon entry and head directly to a table.
- Members will be allowed to line up for bar service standing on the designated markers. Only a set number of members will be allowed to be in line at a time, and a single member ordering and paying.
- Members must be able to carry their order in one trip.



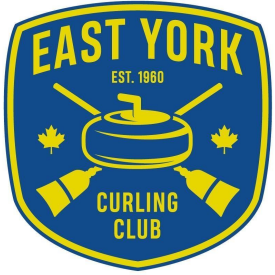
Kitchen Service

- Contactless payment is encouraged for any purchases.
- Buffets will not currently be available.
- Masks are required to be worn by staff in the kitchen.
- After placing an order, members will be given a pager and must return to their table until they have been paged to pick up their food.



Registration and Payment

- Registration for the 2021-22 season opened on July 23rd, 2021. **All members must complete the club waivers and make payment before October 11th, 2021.**
- Online Payment will begin being accepted on September 16th, 2021. Members will need to sign into their accounts and follow the instructions on the Members Home.
- New Members began applying to leagues on August 15th, 2021, where space is available. No teams of less than 4 people will be required to take on a new member if they do not feel comfortable. Contact your league rep/drawmaster directly to confirm your preference.



Registration and Payment

- A pro-rated credit for the shortened 2019-20 season will be applied to membership fees this season.
- Any member wishing to donate their credit to the Club/Member Assistance program or would like to apply for the Member Assistance program, please reach out to the office directly. **Any applications should be made by September 15th, 2021 and will be kept strictly confidential.**
- In the event of a mandated shutdown, the following refund policy will be implemented for this season. Once curling begins, the club fee of \$25.00 and the Association (TCA/CurlOn/CCA) fee of \$20.00 + tax will be non-refundable. The remainder of the fees will be refunded/credited, pro-rated based on the number of weeks left in the season. In this instance, the \$40.00 withdrawal fee will be waived on refunds.



Toronto Public Health Contact Tracing

- If a confirmed case of Covid-19 happens in the Club, Toronto Public Health will take the information and circumstances surrounding the contact and assess who may be in need of quarantine. Individuals who have a direct risk will be informed by Toronto Public Health that they need to isolate for X amount of days to be sure they are negative. The number of days will be dependent on the date of contact.
- Toronto Public Health will assess whether other members within that league play time will need to isolate. It is important to know who is curling on which sheet each day and to maintain contact tracing logs for 30 days. The locker room will be sanitized in between games. If proper social distancing is maintained, and occupancy is controlled, the risk of direct contact between members will be minimal. **It is very important that all members wear a mask and abide by signage & safety measures put in place at the Club.**



Ice Shed Ventilation

- Air exchange is based on the settings on the controllers for both the ice shed and lounge. 10-20% of fresh air mixes with 80% of mixed air circulating inside the building according to standard.
- AHU does not use HEPA filtration. Manufacturers specification are followed based on standards and code. Pleated disposable medium filters are used. Pleated disposable medium efficiency filters are constructed using a polyester/cotton-blended media. The media is bonded to a galvanized expanded metal and enclosed in a heavy-duty moisture resistant die cut beverage board. Merv 7 rated in accordance with Ashrae 52.2 testing. A higher efficiency and longer service life versus disposable panel filters and replaces standard panel filters, media pads, and non-pleated disposable filters. Automatic dampers open and close based on building demand in satisfaction to the controller settings.
- The recommended range of indoor relative humidity in air conditioned buildings is generally 30–60%. In general, higher temperatures will require lower relative humidity to achieve thermal comfort compared to lower temperatures, with all other factors held constant.